

BREAKFAST STARTERS

EGG ROLLS \$7.75

PIZZA DOUGH ROLLED WITH SCRAMBLED LOCAL EGGS, SERVED WITH A SIDE OF SPICY ORGANIC KETCHUP & YOUR CHOICE OF ONE OF THE FOLLOWING:

- HAM
- ANDOUILLE SAUSAGE
- BENTON'S BACON
- HOUSE MADE SOYSAGE
- ORGANIC BAKED TOFU
- ROASTED ONION

FROM OUR BAKERY

CINNAMON ROLLS \$2.75

SERVED HEATED TOPPED WITH VANILLA CREAM CHEESE

MONKEY BREAD \$2.75

SERVED HEATED WITH A SIDE OF VANILLA CREAM CHEESE

FRESH SCONE OF THE DAY \$2.95

SERVED HEATED WITH BUTTER

BISCUIT WITH HOUSE JAM \$2.75

SERVED HEATED WITH BUTTER

BAGEL \$3.50

SERVED TOASTED WITH CREAM CHEESE

YOGURT & GRANOLA \$6.50

HOUSEMADE YOGURT TOPPED WITH OUR HONEY NUT GRANOLA, FRESH STRAWBERRIES, DRIED SOUR CHERRIES & LOCAL HONEY

SIDES

- ★ BENTON'S BACON \$3.50
- ★ HORMEL ALL NATURAL BACON \$2.25
- ★ SCRAMBLED LOCAL EGGS \$2.75
- ★ ROASTED POTATOES \$2.25
- ★ TOAST \$1.00
- ★ FRUIT \$2.00
- ★ BISCUIT \$1.75
- ★ CHEESE GRITS \$1.75
- ★ GRAVY \$1.75
- ★ HOUSE JAM \$1.00

BREAKFAST BURRITOS

served with blue corn chips & a side of fresh tomato salsa

ARTURO \$8.75

SPINACH, ORGANIC BLACK BEANS, SCRAMBLED LOCAL EGGS, CHEESE, ROASTED ONIONS, ROASTED PORTOBELLAS

DIEGO \$9.25

SPINACH, ORGANIC BLACK BEANS, SCRAMBLED LOCAL EGGS, CHEESE, BENTON'S BACON, ROASTED ONIONS

FIDEL \$10

ORGANIC BLACK BEANS, SCRAMBLED LOCAL EGGS, GOAT CHEESE, SPINACH, ROMA TOMATO, BANANA PEPPER

FERNANDO \$10.50

SPINACH, SCRAMBLED LOCAL EGGS, CHORIZO OR BAKED TOFU, CHEESE, JALAPENO PEPPERS, PINEAPPLE, SPICY APPLE SALSA & CHIPOTLE CREMA

DOMINGO \$11.25

SPINACH, SCRAMBLED LOCAL EGGS, CHEESE GRITS, AVOCADO, CHEESE, SPROUTS, CILANTRO PESTO, TOMATO, SPICY SRIRACHA SAUCE

Huevos Rancheros

Corn tortillas with scrambled local eggs served over a bed of mole

Isabella \$8.95

ARTICHOKE HEARTS, ORGANIC BLACK BEANS, CHEESE, RED PEPPER, TOPPED WITH FRESH TOMATO SALSA & CREMA

Zipolite \$8.95

ORGANIC BLACK BEANS, CHEESE, FRESH SPINACH, ROASTED PORTOBELLA MUSHROOMS, TOPPED WITH FRESH TOMATO SALSA & CREMA

Tia \$9.50

BENTON'S BACON, ORGANIC BLACK BEANS, CHEESE, ROASTED ONION, TOPPED WITH FRESH TOMATO SALSA & CREMA

Rosita \$10

ORGANIC BLACK BEANS, FREE FARMED CHICKEN, ROASTED POTATOES, CHEESE, TOPPED WITH FRESH TOMATO SALSA & CREMA

Carmen \$11.95

SPINACH, CHORIZO OR SOYSAGE, CHEESE GRITS, CHEESE, TOPPED WITH SPICY APPLE SALSA & CILANTRO PESTO

Eva \$10.95

ORGANIC BLACK BEANS, SPINACH, AVOCADO, CHORIZO OR SOYSAGE, CHEESE, TOPPED WITH WITH SPICY APPLE SALSA & CHIPOTLE CREMA

HAROLD SHERSKY BREAKFAST PIZZA

SCRAMBLED LOCAL EGGS ★ CHEESE
SMOKED SALMON ★ CAPERS ★ RED ONION
TOPPED WITH CREMA

SLICE	9 INCH	14 INCH
\$3.50	\$11.50	\$18.25

EGG SANDWICHES

*served on our homemade white or wheat roll
with a side of fruit*

Hank \$9.25

SCRAMBLED LOCAL EGGS, BENTON'S BACON, FETA,
KALAMATA OLIVES, TOMATO

Buddy \$8.75

SCRAMBLED LOCAL EGGS, SWEETWATER VALLEY
SMOKED CHEDDAR, ROASTED POTATOES,
ANDOUILLE SAUSAGE, ROASTED ONIONS

Hazel \$8.95

SCRAMBLED LOCAL EGGS, ROASTED GARLIC,
ROASTED ONION, SRIRACHA SAUCE, FONTINA CHEESE,
FRESH TOMATO SALSA

Clyde \$9.25

SCRAMBLED LOCAL EGGS, BENTON'S BACON,
SWEETWATER VALLEY SMOKED CHEDDAR,
LETTUCE, TOMATO

Goldie \$10.50

SCRAMBLED LOCAL EGGS, SMOKED SALMON,
GOAT CHEESE, CAPERS, RED ONION

Sam I Am \$9.50

SCRAMBLED LOCAL EGGS, HAM, CHEESE, PESTO

Annabelle \$10.50

SCRAMBLED LOCAL EGGS, ROASTED ONION, CHORIZO,
ROASTED POTATOES, SWEETWATER VALLEY
SMOKED CHEDDAR & SPICY APPLE SALSA

Eula \$10.95

SCRAMBLED LOCAL EGGS, AVOCADO, BAKED TOFU OR
BENTON'S BACON, CILANTRO PESTO, TOMATO & SPROUTS

Tomato Head BAGELS

*Our bagels toasted with cream cheese
Topped with one of the following combinations:*

Smoked Salmon, Capers, Onion \$7.75

Ham & Roma Tomato \$5.50

Baked Tofu & Tomato \$5.50

Benton's Bacon & Roma Tomato \$5.95

Basil & Roma Tomato \$4.50

BISCUITS & GRAVY

\$8.75

OUR FLUFFY BISCUITS SERVED OPEN FACED
TOPPED WITH SCRAMBLED LOCAL EGGS &
SWEETWATER VALLEY SMOKED CHEDDAR,
TOPPED WITH OUR HOMEMADE BREAKFAST GRAVY
AND YOUR CHOICE OF ONE OF THE FOLLOWING:

**HAM ★ BENTON'S BACON ★ CHORIZO
HOUSE MADE SOYSAGE ★ ORGANIC BAKED TOFU**

Yum

BELGIAN WAFFLE

BUTTER & MAPLE SYRUP \$4.50

**FRESH STRAWBERRIES, BLACKBERRY
COMPOSITE & WHIPPED CREAM** \$7.25

**FRESH STRAWBERRIES, CHOCOLATE
SYRUP & WHIPPED CREAM** \$7.25

**BANANAS, PEGANS, BUTTER, MAPLE
SYRUP & WHIPPED CREAM** \$8.25

MAKE YOUR OWN OMELET

\$6.25

CREATE A FLUFFY LOCAL 3 EGG OMELET WITH
INGREDIENTS FROM BELOW & YOUR CHOICE OF FETA
CHEESE, SWEETWATER VALLEY SMOKED
CHEDDAR, OR OUR CHEESE BLEND. SERVED WITH A
FRESH BAKED BISCUIT & CHEESE GRITS.

GROUP ONE \$.45

CAPERS
FRESH SPINACH
TOMATOES
RED ONION
RED PEPPER
GREEN PEPPER
PINEAPPLE
HOUSE PICKLED
JALAPENO
HOUSE PICKLED
BANANA PEPPER
GARLIC
GREEN OLIVE
BLACK OLIVE
BROCCOLI
FRESH MUSHROOM
FRESH BASIL
FRESH OREGANO

GROUP TWO \$.55

AVOCADO
ANCHOVY
HORMEL ALL-
NATURAL BACON
HAM
SMOKED TURKEY
ANDOUILLE SAUSAGE
ORGANIC BAKED TOFU
ARTICHOKE HEARTS
KALAMATA OLIVES
ROASTED GARLIC
FRESH TOMATO
SALSA

GROUP THREE \$.65

BENTON'S BACON
CHICKEN
SMOKED SALMON
GOAT CHEESE
SUNDRIED TOMATO
HOUSE SOYSAGE
PESTO
CILANTRO PESTO
CHORIZO



DRINKS

for a full selection see our wine menu

HOT TEA \$2.00

{VIENNA FAIR TRADE}
COFFEE \$1.50

{ORGANIC VALLEY}
WHOLE MILK
SMALL \$2.25 LARGE \$3.90

{CRUZE FARM}
CHOCOLATE MILK \$3.00

SOY MILK
SMALL \$2.50 LARGE \$3.90

MIMOSA \$4.95

ORANGE JUICE
SMALL \$2.25 LARGE \$4.00

WE USE FREE FARMED,
ANTIBIOTIC FREE,
HUMANELY RAISED CHICKEN,
ORGANIC BEANS, RICE,
TOFU, MILK & UNBLEACHED,
UN-BROMATED FLOUR.



WE USE LOCAL EGGS,
CHEDDAR CHEESE,
HONEY, BACON,
CHOCOLATE MILK,
BUTTERMILK AND LAMB.

**PESTO & SOME MOLE'S
CONTAIN NUTS**

*★ Catering, delivery, box lunches available ★
We have gift certificates! Get some.*



**TAKE SOME
TOMATO HEAD
HOME**

8OZ. DRESSINGS
8OZ. HUMMOUS
8OZ. PESTO
TAKE & BAKE PIZZAS
T-SHIRTS
AND OUR ENTIRE MENU TO GO...



DESIGN BY YEE HAW INDUSTRIES
ILLUSTRATION BY BJORN RUNE LIE
WWW.THETOMATOHEAD.COM